

Attention All VUSD Employees:



CNS SALAD RECIPE CONTEST!

Do you or a family member make an amazing salad? We are looking for fun and innovative salad recipes that are healthy and nutritious that we can feature on our school menus.

Be creative, be nutritious, and most of all, be fun! We want everyone to get involved, so all employees are welcome to submit their recipes to Child Nutrition Services by September 14, 2012.

In order to qualify: Must be a TASTY and NUTRITIOUS salad. Don't forget to give your salad an inspirational name!

Win a Prize! Winners will receive Free Lunch for a MONTH at any of our school cafeterias. The Winners will also have their name and recipe featured on our school menus throughout the year. Winning recipes may be published on our CNS website or may become a special item on our Catering menu!

Spread the word and tell everyone you know. Let's get inspired about student and employee wellness!

Please email the recipe to vusdchildnutrition@yahoo.com. All entries must be received by **2:30pm on Friday, September 14, 2012** to be eligible for the contest. Winners will be notified by email.

Unleash your Culinary Creativity and send in those Simply Sensational Salad Recipes to Child Nutrition Services!

